

As of NOVEMBER 9TH/2020
TNT FITNESS UPDATED COVID-19 PROTOCOLS

At TNT FITNESS the safety and security of our members is of the utmost importance.
Even before COVID-19 became a global pandemic we were very diligent in our cleaning.
Requiring participants to sanitize their hands and wipe shoes BEFORE ever entering the gym floor at anytime.

An employee at the front door to screen clients and administer a questionnaire regarding any symptoms they may have or any contact they may have had with someone who does show these symptoms.

One at a time, after a successful screening, the members will enter the Foyer area and begin the next step.

Step1. Sanitize shoes with pre-sanitized mat supplied with VIRKON BRAND Disinfectant solution
Step2. Sanitize hands using the provided wall mounted PURELL sanitizing station!
Step3. Enter the gym and choose a designated space to remain for the entirety class.

DESIGNATED SPACES/EQUIPMENT CLEANING

All trainers at TNT FITNESS will be required to wear a Facemask that covers the nose and mouth!

Anytime a trainer does enter an individuals space they will sanitize their hands upon completion of assistance to the client as to not spread ANY contact between people.

Everyone is going to be required to maintain a physical distance of 6ft/2m from everyone else and stay within their designate spaces. No Exceptions!

We marked off and designated 11 separate sections of the gym for people to stay in as to not have anyone crossing paths with anyone else.

If and when a member has passed the questionnaire and sanitized both hands and shoes they will enter the gym floor and walk directly to their own marked out individual space in the gym.

Any equipment used will be used ONLY by that individual throughout the entirety of the class.

Clients will **NOT EVER** be sharing **ANY** pieces of equipment with another client in during class!

All 11 stations are provided their own unique Sanitizer Bottles and cloths to wipe down equipment with

After every class ALL equipment that was used will be fully sanitized by the individual.
At the end of every business day ALL the equipment will be re-sanitized for the next morning.

All cloths are rounded up and replaced with fresh cloths that are a different colour than the previous day.
This way we can know for sure that ALL the cloths have been changed/replaced.

When class is finished, clients will all exit out of the big bay door to the parking lot as the next group of members begins their sanitization process to begin their class.

This way there is one distinct clockwise direction of travel coming into and exiting the facility.

We removed the water fountain as not to promote anyone refilling from the same station.
Members will be required to bring their own FILLED water bottle. NO REFILLS AVAILABLE!

If we do happen to leave the building, everyone will be leaving out the big bay door and returning back through the same door.

When they are re-entering the gym they have to again sanitize and wipe down their shoes and sanitize hands before returning to their designated area of the gym.

Anyone who is not willing to abide by the new rules/social distancing will be not be allowed to enter.

BATHROOM CLEANING

After EVERY USE of the bathroom it will be sanitized.
BEFORE & AFTER every class the bathroom will also be sanitized and confirmed by an employee on a bathroom cleaning schedule posted on the door.

There will signs made and posted around the gym reminding everyone to practice "SAFE SOCIAL DISTANCING" and ANY other procedures we have in place.